



Brainstorm Goals

Brainstorm your goals. You can use your list to select goals you want to be coached on.

<p>Relationships</p> <ul style="list-style-type: none"> • Listen better • • • 	<p>Environment</p> <ul style="list-style-type: none"> • Organize my desk • • •
<p>Spiritual/Church</p> <ul style="list-style-type: none"> • Participate in a small group • • • 	<p>Leadership</p> <ul style="list-style-type: none"> • Take coach training • • •
<p>Work</p> <ul style="list-style-type: none"> • Present 3 seminars • • • 	<p>Finances</p> <ul style="list-style-type: none"> • Save for college • • •
<p>Health/Fitness</p> <ul style="list-style-type: none"> • Improve sleep habits • • • 	<p>Life Balance</p> <ul style="list-style-type: none"> • Better balance of church/home/school • • •
<p>Recreation</p> <ul style="list-style-type: none"> • Develop my interest in bird watching • • • 	<p>Other</p> <ul style="list-style-type: none"> • • • •